



Turning Point Youth Center offers youth intensive and comprehensive mental health services in a highly secure environment.

Our secure therapeutic program is designed to assist youth who have been adjudicated as delinquent and have been diagnosed with a mental illness.

The utilization of multifaceted and inclusive therapeutic components affords youth the opportunity to manage their mental illness and to learn appropriate behaviors.

Our residents have the opportunity to be involved in rehabilitative activities while concentrating on individual, family, and group counseling sessions.

Turning Point's professionals are committed to providing quality treatment and rehabilitation to our residents in an effort to allow them to become productive members of society.



Program/Facility Info: (517) 896-0045
www.TurningPointYouth.net

101 West Townsend Road
St. Johns, Michigan 48879
(989) 224-1177
(800) 762-3742
Fax: (989) 224-7078



Therapeutic Components for Youth



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Therapeutic Components for Youth

Psychiatric Evaluations

- Thorough psychiatric evaluations administered by a Certified Child & Adolescent Psychiatrist
- Behavioral observations and psychotropic medication monitoring, if needed

Individual Therapy

- Offers the opportunity to explore areas of concern in one-on-one sessions with a Masters Prepared Therapist

Family Counseling

- Youth and family members engage in Cognitive-Behavioral Therapy in an effort to foster family systems change

Sex Offender Group Therapy

- Fosters appropriate sexual decision making while addressing past behaviors and abuses through education and Cognitive-Behavioral Therapy

Substance Abuse Group Therapy

- Assists youth in overcoming the abuse of substances and to adopt more appropriate coping skills

Rational Behavior Training

- Allows youth to change inappropriate self-talk & core beliefs through the analysis of current, recent, and past thinking & behaviors

Turning Point Youth Center

Treatment Professionals

- Certified Child & Adolescent Psychiatrist
- Masters Prepared Clinical Director
- Masters Prepared Therapists
- Nursing Staff
- Education Professionals
- Group Leaders
- Assistant Group Leaders
- Case Managers

When Nothing Matters Anymore

- Allows youth to learn to understand depression, to recognize its effects, to understand treatment options, and to take care of their mental illness

Everyday Leadership

- Helps youth discover their own leadership potential and develop skills that guide them to act responsibly and make a difference in the world around them

You and Violence in Your Family

- Youth learn how to define and understand abuse & family violence, along with what to watch for as warning signs

Growing Good Kids

- Assists youth in developing skills in problem solving, decision making, cooperative learning, and divergent thinking while promoting self-awareness, tolerance, character development, and service

The Teen Guide to Global Action

- Offers youth inspiring real-life stories plus a rich & varied menu of opportunities for service, hands-on activities, user friendly tools, and up-to-date resources

Handling Frustration

- Assists youth in learning tools and techniques related to being more patient and to persist in the face of difficulty

How to Deal With Anger and Get Respect

- Assists youth in learning that feeling mad is a normal human emotion and offers them strategies to control anger & to avoid poor decisions and actions

Facing the Death - And Celebrating the Life - Of Someone You Love

- Assists youth and families to express feelings, to ask questions, and to share memories about a loved one

What Do You Stand For?

- Youth explore and practice honesty, kindness, empathy, integrity, tolerance, patience, respect, and more while they are challenged to discuss positive traits



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