



Summary of Services

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www.TurningPointYouth.net



Mission

Turning Point Youth Center is committed to treating and rehabilitating adjudicated adolescent males who have been diagnosed with a mental illness. Our treatment staff is resolute in striving for excellence in services provided and devoted to holding the well-being of those we serve first and foremost.

Philosophy of Treatment

Turning Point assists youth in the modification and eventual extinction of inappropriate behaviors through the use of Rational Behavior Training (RBT). As a proven cognitive model, RBT allows individuals to change their thought processes, and subsequent improper behaviors, through cognitive restructuring. Individual, Group, and Family Counseling, in addition to psychotropic medication if warranted, is provided in conjunction with Rational Behavior Training to fully address all of the youth's mental health needs.

Description of Facility

Turning Point Youth Center offers highly structured residential treatment services designed to assist adolescent males who require psychiatric treatment in a secure setting. Our sixty bed treatment program is located on a twenty-two acre campus in rural Clinton County, Michigan. Our state of the art facility is fully licensed as a Child Caring Institution by the Michigan Department of Human Services.

Turning Point's comprehensive system of treatment provides each resident with a secure and safe therapeutic environment. Our facility maintains a closed medium/high secure setting utilizing electronic monitoring and continuous staff supervision. We are diligent in delivering continual crisis intervention and suicide prevention monitoring. Residents reside in two person bedrooms, with one quad room available, in conjunction with six group rooms. One indoor and two outdoor recreation areas afford youth the opportunity to engage in year-round

recreational activities. Turning Point provides residents with transportation to court appearances, along with medical, dental, and vision appointments. Each youth receives onsite year round General and Special Educational services delivered by Clinton County Regional Educational Services Agency (CCRESA). Residents also have the opportunity to engage in school credit recovery, along with General Equivalency Diploma (GED) preparatory activities and testing.

Treatment Services

All residents admitted to Turning Point Youth Center receive a psychiatric evaluation and an individualized treatment plan, which is based upon specific psychiatric diagnoses, needs/strengths, and family support. Additionally, residents receive ongoing psychiatric assessments and psychotropic medication reviews, if applicable. Based upon their individualized treatment plan, each resident has the opportunity to benefit from the following treatment services:

- Cognitive Restructuring Utilizing Rational Behavior Training
- Behavioral Observations and Psychotropic Medication Monitoring, if needed
- Individual Therapy
- Family Counseling Sessions
- Elements of Dialectical Behavior Therapy
- Sexual Offender Treatment
- Substance Abuse Counseling
- Anger Management Therapy
- Pet Therapy Sessions
- Recreation Therapy Sessions Available
- Optional Religious and Spiritual Enrichment Services Available
- Employability and Independent Living Skills Upgrading

To ensure the success of our residents, all applicable therapeutic services are delivered until the resident achieves 100% of their treatment objectives. Additionally, individual treatment goals are reviewed and updated on a monthly basis by Turning Point's multi-disciplinary Treatment Team. Recognizing the importance of family involvement in the youth's treatment, Turning Point provides, at no cost, transportation assistance to family members to attend family therapy sessions, if needed.

Treatment Professionals

- Treatment professionals include the following array of individuals: Certified Child & Adolescent Psychiatrist; Masters Prepared Clinical Director; Masters Prepared Therapists; Nursing Staff; Case Managers; Group Leaders; Assistant Group Leaders; and Education Professionals
- Ancillary staff includes: Chief Executive Officer; Chief Operating Officer; Director of Human Resources; Director of Risk Management; Director of Support Services; Director of Quality Initiatives; Director of Community Relations; Patient Rights Representative/Payroll Coordinator; Administrative Assistant; Youth Service Workers; Unit Clerk; Transportation Staff; Receptionists; and Dietary, Housekeeping, & Maintenance Staff

Behavior Management Philosophy

Turning Point Youth Center is dedicated to maintaining a safe and secure environment for its residents and staff. Residents receive treatment designed to change their thinking and behaviors by providing them with the skills necessary to make constructive changes in their lives. Based upon individual circumstances, inappropriate behaviors by residents are often handled utilizing the following techniques: Time Out, Extended Time Out, Verbal De-Escalation, Non-Contact Directive, Escorts, Protective Holds, and

Restraints. Following the exhibition of extreme inappropriate behaviors, residents process their behaviors and the results of their actions one-on-one with staff members. During this processing, residents recognize the irrational thought patterns that led to their actions in addition to identifying how to exhibit more appropriate behaviors in the future. In an effort to promote appropriate and suitable behaviors, positive reinforcement is also delivered through a system comprised of both immediate and delayed rewards.

Case Management Services

Turning Point recognizes communication as being essential in a collaborative relationship between ourselves and any referring agency. Our Director of Community Relations, Clinical Director, Masters Prepared Therapists, Case Managers, Group Leaders, and Assistant Group Leaders are readily available to discuss a resident's treatment and ongoing progress.

To further relay a resident's treatment progress, an Initial Treatment Plan (ITP) is composed for each resident and forwarded to their respective Case Worker within thirty days of admission to Turning Point. Each ninety days thereafter, an Updated Treatment Plan (UTP) is developed and delivered to the applicable Case Worker. Additionally, we provide timely Court Reports and Discharge Plans, as well as more frequent updates, if needed.

Admission Criteria and Referrals

As a specialized residential treatment facility, Turning Point Youth Center's professionals and treatment modality are specifically equipped to assist a certain population of youth:

- Males 12-17 years of age upon admission
- Possession of a mental illness with an Axis I diagnosis
- Adjudicated as delinquent
- IQ individually assessed (Full Scale IQ of 68 or greater)
- Youths with IQ's between 50-68 are individually assessed for appropriateness

In order to best determine if a youth is appropriate for Turning Point's treatment milieu, we recommend the following materials be included with any referral request:

- Turning Point Youth Center Admission Application
 - Intellectual, Educational, & Psychological Assessments
 - Social History/Dispositional Investigative Report
 - Medical History
 - Immunization Records
 - Previous Treatment Provider Progress Notes
- Referral information may be forwarded via fax to (989) 224-7078 or mailed directly to the facility.

An in-person interview may be requested to ensure the appropriateness of a referral. A referral may be denied if the youth is actively homicidal, possesses a history of sexual perpetrator behaviors, or is deemed medically unstable by Turning Point's staff.

More Detailed Information

More detailed program and facility information can be obtained from Turning Point Youth Center's Director of Community Relations at (517) 896-0045 or at Dominic.Johnson@uhsinc.com.

Additional information is also available at www.TurningPointYouth.net